

SAUK COUNTY



MENTAL HEALTH RESOURCE GUIDE

Updated September 2017

Please call changes/additions to:
Sauk County UW-Extension
608-355-3250
haley.weisert@saukcountywi.gov



Alzheimer's Disease and Dementia**			
Name / Contact Person	Contact Information	Website Information	Additional Information
Alzheimer Dental Care		https://www.emergencydentistsusa.com/alzheimers-dental-care/	
Alzheimer's & Dementia Alliance of WI	608-742-9055 or 888-308-6251	www.alzwisc.org	
Alzheimer's & Dementia Caregiver Support Group	1-800-272-3900	www.alz.org/scwisc/in_my_community_support.asp	
Alzheimer's Association	1-800-272-3900	http://www.alz.org/	
Alzheimer's Disease Education and Referral Center	1-800-438-4380	https://www.nia.nih.gov/health/alzheimers	Part of the National Institute on Aging
Alzheimer's Foundation of America	1-866-232-8484	https://alzfdn.org/	
Alzheimers.gov		https://alzheimers.acl.gov/	
Apollo Psychological Services, LLC.	608-524-6477	www.ramchealth.com/ramc-family/affiliates/dr-steven-benish/	
Artisan Senior Living-Baraboo	608-356-4837	http://www.artisanseniorliving.com/	
Greenway Manor	608-588-2586	http://www.greenwaymanor.com/	
Home Health United	1-800-924-2273	https://homehealthunited.org/	

Maplewood of Sauk Prairie	608-643-3383	http://www.maplewoodsaukprairie.com/	
Meadow Ridge Senior Living & Memory Care	608-356-8770	https://meadowridgebaraboo.com/	
Meadows Assisted Living and Memory Care	608-588-2101	https://meadowsspringgreen.com/	
Oak Park Place	608-355-3101	http://oakparkplace.com/	
Our House Senior Living- Baraboo	608-355-2344	http://ourhousesl.com/	
Our House Senior Living- Reedsburg	608-524-1321 or 608-524-6116	http://ourhousesl.com/	Two locations in Reedsburg.
Our House Senior Living- Wisconsin Dells	608-253-7901 or 608-253-3404	http://ourhousesl.com/	Two locations in Wisconsin Dells.
Pine Villa Memory Care	608-643-7343	https://pinesprairiedusac.com/the-pine-villa-home/	
Reedsburg Area Senior Life Center	608-524-6577	https://ramchealth.com/ramc-family/reedsburg-area-senior-life-center/	
Richland Area Geriatric Assessment Clinic	608-647-6161		Appointment only. Clinics held monthly at the Reedsburg Area Senior Life Center, 2350 North Dewey Avenue, Reedsburg, WI.
Sauk County Aging and Disability Resource Center	608-355-3289 or 1-800-482-3710	www.co.sauk.wi.us/adrc	
Sauk County Department of Human	608-355-4200 or 1-800-533-5692	www.co.sauk.wi.us/humanservices	

Services- Long-term Support Unit			
Sauk County Health Care Center	608-524-7500	https://www.co.sauk.wi.us/healthcarecenter	
St Clare Meadows Care Center	608-356-4838	http://www.stclare.com/meadows	
The Alzheimer's Project		http://www.hbo.com/alzheimers/index.html	
US Department of Veteran Affairs	608-280-7000 or 608-280-7061	https://www.va.gov/	Memory assessment & dementia clinic geriatric research, education and clinical center.
UW-Health Geriatric Assessment Clinic	1-800-323-8942 or 608-265-1210	http://www.uwhealth.org/geriatrics/geriatric-health-services/10385	
Aging Resources			
Name / Contact Person	Contact Information	Website Information	Additional Information
AAA		www.seniordriving.aaa.com	Mature Driving Program
AARP	1-888-OUR-AARP	http://www.aarp.org/	AARP Driver Safety Program & Mobility Options
Medline Plus		https://medlineplus.gov/	Up-to-date health and wellness information.
National Institute of Aging	1-800-222-2225	https://www.nia.nih.gov/health	

Sauk County Aging and Disability Resource Center	608-355-3289 or 1-800-482-3710	www.co.sauk.wi.us/adrc	Located in the West Square Building, 505 Broadway, Baraboo, WI 53913
Sauk County Public Health Department	608-355-3290	www.co.sauk.wi.us/publichealth	Located in the West Square Building, 505 Broadway, Baraboo, WI 53913
The National Safety Council's Defensive Driving Course		http://www.nsc.org/learn/Safety-Training/Pages/defensive-driving-course-online.aspx	
US Department of Health and Human Services	1-877-696-6775	https://www.hhs.gov/	
Baraboo Area Senior Citizen Organization	608-356-8464 or booseniors@gmail.com		
Addiction Services			
Name / Contact Person	Contact Information	Website Information	Additional Information
Al-Anon Family Groups	757-563-1600	https://al-anon.org/	Check website for local meetings in your area.
Alcoholics Anonymous Meetings	608-222-8989 (South Central Wisconsin Office)	http://www.area75.org/page/home	Visit website for a list of local meetings: http://mtg.area75.org/meetings.html?dist=19
Alcoholics Anonymous Meetings		https://www.aa.org/	Check website for local meetings in your area.

Apollo Psychological Services, LLC.	608-524-6477	www.ramchealth.com/ramc-family/affiliates/dr-steven-benish/	Located at the Reedsburg Area Medical Center
Apollo Psychological Services, LLC.	608-524-8611		Call for an appointment. Will accept most insurance, Medicaid.
Goodman Behavioral Health Clinic	608-768-4545		Located at 2213 E Main St, Reedsburg, WI 53959.
Ho-Chunk Nation Department of Health	608-355-1240 or Intake 608-355-1240 ext. 5560	http://health.ho-chunk.com/	
Lutheran Social Service Counseling and AODA Clinics	608-277-0610	https://www.lsswis.org/LSS/Programs-Services/Mental-Health/AODA-Assessment	Located at 6314 Odana Rd, Madison, WI 53719.
Madison Area Intergroup Central Office (MAICO)	608-222-8989	http://aamadisonwi.org/	Check website for local meetings in your area.
Narcotics Anonymous-Wisconsin Region	wrso@wisconsinna.org	http://wisconsinna.org/	Visit website for a listing of local meetings
National Alliance on Mental Illness (NAMI)-Wisconsin	608-268-6000	http://www.namiwisconsin.org/	
National Institute of Mental Health	1-866-615-6464	www.nimh.nih.gov	
National Institute on Alcohol Abuse and Alcoholism	301-443-3860	https://www.niaaa.nih.gov/	National Institute on Alcohol. https://www.rethinkingdrinking.niaaa.nih.gov/
National Institute on Drug Abuse	301-443-1124	www.nida.nih.gov	

Pathway Clinic, SC.	608-643-3663	http://www.pathwaytwcc.com/	Located at 560 4th St, Prairie Du Sac, WI 53578.
Pauquette Center of Baraboo, Psychological Services	608-356-9055	http://www.pauquette.com/	
Pauquette Center Service Associates	608-524-5151	http://www.pauquette.com/	
Sauk County Department of Human Services	608-355-4200	https://www.co.sauk.wi.us/humanservices	Located at 505 Broadway, Baraboo, WI, 53913.
SSM Health Treatment & Recovery Center: Department of St. Clare Hospital	608-356-1533 or 1-800-433-2688		AODA and mental health services. All outpatient treatment. Located at 1510 Jefferson Street, Baraboo, WI, 53913.
St. Clare Hospital	Contact your primary physician.	http://www.stclare.com/	Certified medically managed detoxification service.
St. Vincent de Paul- Prairie du Sac	608-644-0504 ext. 12	www.stvdpsaukprairie.com/	CARE Outpatient Addiction Program, John Adams Recovery Home
Substance Abuse and Mental Health Services Administration (SAMHSA)	1-800-662-HELP (4357)	www.samhsa.gov	
Tellurian	608-402-4312	http://www.tellurian.org/	Located at 402 Broadway, Baraboo, WI 53913
The Psychology Clinic, Inc. -Baraboo	608-448-2797	https://www.thepsychologyclinicinc.com/	

The Psychology Clinic, Inc. -Prairie	608-370-6551	https://www.thepsychologyclinicinc.com/	
US Department of Veteran Affairs	60-280-7000 or 608-280-7073	www.va.gov	Comprehensive multidisciplinary program for veterans.
Wisconsin Narcotics Anonymous	1-866-590-2648	http://wisconsinna.org/	
Caregivers Information			
Name / Contact Person	Contact Information	Website Information	Additional Information
Family Caregiver Alliance		https://www.caregiver.org/	
Alzheimer's and Dementia Caregivers Center	1-800-272-3900	http://www.alz.org/care/	
National Caregivers Library		http://www.caregiverslibrary.org/home.aspx	
Wisconsin Department of Health Services Caregiver Program		https://www.dhs.wisconsin.gov/caregiver/index.htm	
Wisconsin's Family Caregiver Support Programs	1-888-843-9810	http://wisconsin caregiver.org/	

Sauk County Aging & Disability Resource Center	608-355-3289 or 800-482-3710	http://www.co.sauk.wi.us/adrc	
National Alliance for Caregivers	301-718-8444	http://www.caregiving.org/resources/	
Disabled Adults			
Name / Contact Person	Contact Information	Website Information	Additional Information
Aging and Disability Resource Center (ADRC)	608-355-3289	https://www.co.sauk.wi.us/adrc	Located in the West Square Building, 505 Broadway, Baraboo, WI 53913
BrightStar Care	608-355-5015	http://www.brightstarcare.com/baraboo/	Located at 507 Linn St, Suite B, Baraboo, WI 53913
Department of Vocational Rehabilitation at Sauk County Job Center	608-355-3149	https://dwd.wisconsin.gov/dvr/	Located in the West Square Building, 505 Broadway, Baraboo, WI 53913
VARC Inc.	608-524-3716	http://www.varcinc.com/	Located at 220 Wengel Drive, Reedsburg, WI 53959
Elderly Care			

Name / Contact Person	Contact Information	Website Information	Additional Information
Artisan Senior Living Baraboo	608-356-4837	http://www.artisanseniorliving.com/	
Casa de Oakes, Reedsburg	608-524-9876	http://www.casadeoakes.com/	
Greenbriar in Baraboo	608-356-9213		
Greenway Manor in Spring Green	608-588-2586	http://greenwaymanor.com/	
Greenway Terrace Assisted Living in Spring Green	608-588-2586	http://greenwayterrace.com	
Hope House of South Central Wisconsin	1-800-584-6790	http://www.hopehousesw.org/	Elder abuse
Maplewood of Sauk Prairie- Health and Rehabilitation Center	608-643-3383	http://www.maplewoodsaukprairie.com/	
Maplewood Village Assisted Living- Sauk Prairie	608-643-8494	http://www.maplewoodsaukprairie.com/maplewood-assisted-living/	
Meadow Ridge Assisted Living in Baraboo	608-356-8770	http://meadowridgebaraboo.com/	
Meadow View Memory Care in Baraboo	608-356-2944		

Meadows Assisted Living and Memory Care in Spring Green	608-588-2101	http://meadowsspringgreen.com/	
My Neighbor in Need Program	608-644-8905	http://stvdpsaukprairie.com/neighborhood-based-assistance/	
National Long-Term Care Ombudsman Resource Center	608-246-7014	http://ltcombudsman.org/ http://longtermcare.state.wi.us	Wisconsin State Ombudsman Program Madison office information provided
Oak Park Place Baraboo	355-3101	http://oakparkplace.com/	
Our House Assisted Living in Baraboo	608-355-2344	http://ourhousesl.com/	
Our House Senior Living in Reedsburg	608-524-1321	http://ourhousesl.com/	
Pine Villa Memory Care in Prairie du Sac	608-643-7343		
Pines Assisted Living in Sauk City	608-643-5433	http://pinesprairiedusac.com/the-pines-assisted-living-home/	
Reedsburg Area Life Center	608-524-6577	http://ramhealth.com/ramc-family/reedsburg-area-senior-life-center/	
Sauk County Aging and Disability Resource Center	608-355-3289	https://www.co.sauk.wi.us/adrc	
Sauk County Health Care Center	608-524-7500	https://www.co.sauk.wi.us/healthcarecenter	

Senior Resources Online	262-253-0901	http://www.seniorresourcesonline.com/	
SSM Health St. Clare Meadows Care Center in Baraboo	608-356-4838	http://www.stclare.com/meadows	
Zimmerman Nursing Home in Reedsburg	608-524-3664	zimmerbee@yahoo.com	
Home Health Services			
Name / Contact Person	Contact Information	Website Information	Additional Information
Home Health United	800-924-2273	https://homehealthunited.org/	Locations in Reedsburg and Prairie du Sac
Home Instead of Senior Care Baraboo	608-355-5014	https://www.homeinstead.com/	Located at 1111 8th Street, Baraboo, WI 53913
Recover Health	608-356-7570	https://www.recoverhealth.org/locations/baraboo-wi/	
REM Health of Wisconsin- Baraboo	608-356-7570	https://www.homehealthcareagencies.com/directory/wi/baraboo/rem-health-of-wisconsin/67777/	Located at 414 Broadway, Baraboo, WI 53913
Hospice Services			
Name / Contact Person	Contact Information	Website Information	Additional Information

Agrace HospiceCare	800-553-4289	https://www.agrace.org/	Located at 1670 South Blvd W, Baraboo, WI 53913
Homeward Bound of Sauk County	608-356-4666	1360 Jefferson Street, Baraboo, WI 53913	Located at 1360 Jefferson St, Baraboo, WI 53913
Home Health United Hospice	800-924-2273	https://homehealthunited.org/hospice	
St. Clare Hospice House	877-356-4514	https://www.homehealthunited.org/hospice/residential-hospice-services	Located at 915 12th St, Baraboo, WI 53913
Human Services			
Name / Contact Person	Contact Information	Website Information	Additional Information
Sauk County Human Services	608-355-4200	https://www.co.sauk.wi.us/humanservices	Located in the West Square Building, 505 Broadway, Baraboo, WI 53913
Legal Help			
Name / Contact Person	Contact Information	Website Information	Additional Information
State of Wisconsin Public Defender	608-355-3180	http://www.wisprd.org/	Located at 107 3rd St, Baraboo, WI 53913
Legal Action of Wisconsin (LAW)	800-362-3904 or 608-256-3258	http://www.legalaction.org/	

Wisconsin Guardianship Support Center	855-409-9410	http://www.gwaar.org/for-seniors-and-families/elder-law-and-advocacy-center/wisconsin-guardianship-support-center.html	
Psychology/ Psychiatric Services			
Name / Contact Person	Contact Information	Website Information	Additional Information
Aging and Disability Resource Center	608-355-3289	https://www.co.sauk.wi.us/adrc	Located at 505 Broadway, 1st Floor, Baraboo WI 53913
Apollo Psychological Services	608-524-8611		Affiliated with Reedsburg Area Medical Center
Collaborative Journey Counseling, LLC	608-477-1484	www.cjourneywi.com	Located at 314 Ash Street, Baraboo, WI 53913
Comprehensive Community Service Children's Program (CCS)	608-355-4200	https://www.co.sauk.wi.us/humanservices	
Crisis Line	1-800-273-8255	http://crisiscallcenter.org/	
Dr. Vicki Marquardt	608-253-6700		Located at 629 Broadway, Wisconsin Dells, WI 53965
Goodman Behavioral Health Clinic	608-768-4545	Located at 2213 East Main Street, Reedsburg, WI	Located at 2213 East Main Street, Reedsburg, WI
Hope House of South Central Wisconsin	608-355-7500 or 1-800-584-6790	http://www.hopehousescw.org/	Located at 720 Ash Street, Baraboo, WI 539136

Hope House of South Central Wisconsin	608-356-9123	http://www.hopehousescw.org/	
InnerVisions Counseling	608-477-9858	http://www.innervisionscounseling.com/	Located at 840 Hwy 12 Suite #1, Baraboo, WI 53913
Lutheran Social Services	608-355-4103	https://www.lsswis.org/LSS.htm	Located at 520 South Blvd, Baraboo, WI 53913
NAMI Recovery/Support Group	608-355-4435	http://www.namiwisconsin.org/sauk-county/	Multiple locations in Sauk County
National Alliance on Mental Health-Wisconsin	608-469-2574	http://www.namiwisconsin.org/sauk-county/	
Pathway to Wellness Community Clinic	608-643-3663	http://www.pathwaytwcc.com/	Located at 560 4th Street, Prairie du Sac, WI 53578
Pauquette Center for Psychological Services	608-356-9055	http://www.pauquette.com/	Clinics in Baraboo, Prairie du Sac, and Reedsburg
Red Stone Counseling	608-432-6263		Located at 629 Broadway, Suite 203, Wisconsin Dells, WI 53965
Sauk County Human Services	608-355-4200	https://www.co.sauk.wi.us/humanservices	Located at 505 Broadway, 4th Floor, Baraboo WI 53913
St. Clare Hospital (St. Clare Center)	608-356-1533	http://www.stclare.com/	Located at 1510 Jefferson Street, Baraboo, WI 53913
Tellurian Outpatient-Baraboo	608-355-0459	http://www.tellurian.org/services/treatment/out-patient/	Located at 414 Broadway, Suite 101, Baraboo, WI 53913
Psychology Clinic	608-448-2797	https://www.thepsychologyclinicinc.com/	Located at 701 Ash Street, Baraboo, WI 53913

Therapy Without Walls	608-843-3229	http://therapywithoutwalls.org/tag/reedsburg/	Located at 2155 East Main Street, Reedsburg, WI 53959
Veteran's Office			
Name / Contact Person	Contact Information	Website Information	Additional Information
Sauk County Veteran's Office	608-355-3260	https://www.co.sauk.wi.us/veteransserviceoffice	Located at 505 Broadway, Baraboo, WI 53913
24 Hour Crisis Help Lines			
Name / Contact Person	Contact Information	Website Information	Additional Information
211 Wisconsin	Dial 2-1-1 or 877-947-2211	https://211wisconsin.communityos.org/	
Alzheimer's Association Hotline	800-272-3900	http://www.alz.org/we_can_help_24_7_helpline.asp	

Hope House of South Central Wisconsin	608-356-7500 or 800-584-6790	http://www.hopehousescw.org/	
LGBT Hotline	888-843-4564	http://www.glbthotline.org/	
National Domestic Violence Hotline	800-799-7233	http://www.thehotline.org/	
National Runaway Safeline	800-786-2929	https://www.1800runaway.org/	
National Sexual Assault Hotline	800-656-4673	https://www.rainn.org/	
National Suicide Prevention Lifeline	800-273-8255	https://suicidepreventionlifeline.org/	
Native American Suicide Prevention Hotline	800-273-8255	https://suicidepreventionlifeline.org/help-yourself/native-americans/	
St Clare Center AODA	800-433-5692		